**FOUR LONG TERM PROJECTS EXERCISE**

**Imagine that you're sitting with a trusted friend twelve months from now. You're looking back over the last twelve months, feeling fulfilled that you've worked hard, and that you've made something important happen!**

There are no rules or guidelines for these four projects; you can work as hard as you want, you have nothing to lose ... and potentially everything to gain!

**PROJECT 1: The Business Project**

**What new business project could you start today, that would enable you to begin generating a new income for yourself?**

Your Ideas:

What am I good at?

What skills do I have?

What Interests me?

What do I need to learn?

My Business

Project

What do I know? Who can help me?

What can I offer That other people need?

What's my first step?

**PROJECT 2: The 'Make A Difference' Project **

**Begin a new 'make a difference' project that will make a huge difference for someone, some people, something or somewhere that you are passionate about:**

Your Ideas:

What am I good at?

What skills do I have?

What Interests me?

What am I passionate about?

My Make a

Difference

Project

What do I know? Who Can help me?

What can I offer that other people need?

What's my first step?

**PROJECT 3: The Family Project**

**Initiate a new project that will either benefit your family, someone else's family, or a community of people that you are passionate about.**

Your Ideas:

What am I good at?

What can I share?

With others?

What interests me?

What am I passionate about?

My Family

Project

What can I do that nobody

else Is currently doing?

Can other people

help we with this?

 What can I offer, that other people need?

What's the first step I must take?

**PROJECT 4: The 'Scary as Hell' Project**

**Write down some ideas of something that you'd like to do or achieve over the next 12 months which currently 'scares the hell' out of you.**

Your Ideas:

What have I never done before?

What terrifies me?

What Interests me?

What am I passionate about?

My 'Scary as Hell'

Project

Is there something that I have always wanted to Do?

Can other people

help me with this?

How will I feel when

I have achieved this.

What's the first step I must take?